



# Test of Competence 2021

## OSCE information booklet

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# SECTION 1: Before the objective structured clinical examination (OSCE)

## 1. Introduction

We use the Test of Competence (ToC) to assess the skills and knowledge of people wanting to join our register from overseas or rejoin our register after a long period away from practice. A new version of the test will be introduced in 2021. The test of competence measures candidates against the current UK pre-registration standards for nursing<sup>1</sup> and midwifery<sup>2</sup>. Nursing in the UK is made up of separate and distinct fields of practice, each requiring three years of pre-registration undergraduate education.

The distinct nursing fields of practice are:

- adult nursing
- children's nursing
- learning disabilities nursing
- mental health nursing.

In the UK, midwifery is a separate and distinct profession, also requiring three years of pre-registration undergraduate education.

There is a test of competence specific to each field of nursing practice or midwifery. You will be required to undertake a competence test specific to your field of nursing or midwifery practice. This booklet provides information about Part 2 of the test of competence, which is an objective structured clinical examination (an OSCE). The blueprints and the test specifications are available on the [NMC website](#)<sup>3</sup>. The university learning platforms at the test centres also contain links to online resources, which will help candidates to prepare for the test of competence.

There are currently three NMC competence test centres in the UK: Oxford Brookes University, Ulster University and the University of Northampton. To quality-assure OSCEs across all three and for moderation purposes, it will be necessary for the centres to share OSCE data, including paperwork and video data associated with a candidate's examination. Data will also be shared with the test design partner for quality assurance purposes. All information is shared securely. By submitting your application, you are confirming that you have read and understood this information.

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<sup>1</sup> <https://www.nmc.org.uk/standards/standards-for-nurses/standards-for-pre-registration-nursing-programmes/>

<sup>2</sup> <https://www.nmc.org.uk/standards/standards-for-midwives/standards-for-pre-registration-midwifery-programmes/>

<sup>3</sup> <https://www.nmc.org.uk/toc21>

## 2. General information about the competence test centres

Please allow plenty of time to travel to the competence test centre. Bear in mind that rush-hour traffic often causes delays. If you arrive late, you might not be able to take the OSCE.

University	Contact details	Location details
	<p><b>Oxford Brookes University</b>  <a href="https://www.brookes.ac.uk/nmc-test-of-competence/location/">https://www.brookes.ac.uk/nmc-test-of-competence/location/</a>            01865 488 418</p>	<p>Oxford Brookes comprises two sites:</p> <ul style="list-style-type: none"> <li>• Oxford</li> <li>• Swindon</li> </ul> <p>You can find out more about how to get to both sites on the <a href="#">travel webpage</a><sup>4</sup>.</p>
	<p><b>Ulster University – Magee</b>  <a href="mailto:ctc@ulster.ac.uk">ctc@ulster.ac.uk</a>            02871 675 150</p>	<p>You can find out more about how to get to Ulster University – Magee campus on the <a href="#">location webpage</a><sup>5</sup>.</p>
	<p><b>University of Northampton</b>  <a href="mailto:ctc@northampton.ac.uk">ctc@northampton.ac.uk</a>            01604 892 066</p>	<p>You can find out more about how to get to the innovation centre at the University of Northampton on the <a href="#">website</a><sup>6</sup>.</p>

<sup>4</sup> <https://www.brookes.ac.uk/about-brookes/contacts-maps-and-campus/>

<sup>5</sup> <https://www.ulster.ac.uk/faculties/life-and-health-sciences/nmc-competence-test-centre/location>

<sup>6</sup> <https://www.northampton.ac.uk/about-us/services-and-facilities/nmc-test-of-competence/>

### 3. What is the UK like?

The UK is a multicultural, multi-faith society where all patients must have their culture, faith and human rights respected by all healthcare professionals. Furthermore, all patients must be treated equally and not be subject to discrimination based on disability, ethnicity, religion, gender or sexual orientation, in accordance with the [Equality Act 2010](https://www.gov.uk/guidance/equality-act-2010-guidance)<sup>7</sup>.

The UK may be very different from the last country you practised in, and you should spend time finding out about the population, health and social care, and other aspects of life. Your test will be related to current practice in the UK.

### 4. Becoming familiar with nursing or midwifery practice in the UK

You must familiarise yourself with the ethical and professional standards expected of registered nurses and midwives, as outlined in [NMC \(2018\) 'The Code'](https://www.nmc.org.uk/standards/code/)<sup>8</sup>. These are the required standards, which underpin professional nursing and midwifery practice.

All healthcare professionals must work in partnership with patients, obtaining their consent and respecting their dignity and privacy. It is unacceptable for your words or actions to imply or express disapproval of any patient's lifestyle. You must not discriminate in any way against those in your care. Patients and the public expect high standards of professional practice from nurses and midwives.

Nurses and midwives work in partnership with other healthcare professionals. Nurses and midwives are expected both to contribute and to lead in areas of care where they have expertise. Many organisations are recruiting nurses, using 'the 6 Cs' – care, compassion, competence, communication, courage and commitment – and you should be familiar with these and be able to demonstrate them throughout Part 2 of the test of competence (the OSCE).

### 5. Applying for OSCE Part 2

Part 2 is a nursing or midwifery objective structured clinical examination (OSCE). The Part 1 computer-based test (CBT) and the Part 2 OSCE can be taken in either order, but the majority of candidates take the CBT in their home country before travelling to the UK and taking the OSCE.

**Please note:** Only the NMC can authorise you to undertake Part 2 the OSCE.

Once you have received your decision letter from the NMC, confirming that you can take the OSCE, you will be directed to the three competence test centres to begin the application process for Part 2.

If you have a disability requiring any reasonable adjustments, please notify the competence test centre separately, after booking your OSCE. You may be entitled to extra time at the stations if you have learning support needs. Evidence from professional reports **must** be provided at the time of booking, to verify the learning support needs adjustments prior to undertaking the OSCE. The academic lead/manager and the appropriate wellbeing and occupational health team at the university will review the report and provide advice on an individual basis. Further information can be found in [Annexe 1](#).

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<sup>7</sup> <https://www.gov.uk/guidance/equality-act-2010-guidance>

<sup>8</sup> <https://www.nmc.org.uk/standards/code/>

## 6. How do I prepare for the OSCE?

The OSCE is designed to assess your ability to competently apply your professional nursing or midwifery skills and knowledge in the UK. It is set at the level expected of nurses and midwives as they enter the profession at the point of registration. This means that you must demonstrate that you are capable of applying knowledge to the care of patients at the level expected of a newly registered nurse or midwife.

The examination is testing your ability to apply knowledge and skills to the care of patients, rather than testing how well you can remember and recite facts. All scenarios and associated questions relate to current best practice, and you should answer them in relation to published evidence. Please refer to the reading lists, which contain references for each OSCE station.

Support materials are available on the competence test centre learning platforms, and you will be given access prior to taking the OSCE. Here are the learning platforms used at each centre:

- Oxford Brookes – Moodle
- Ulster University – Blackboard Learn
- University of Northampton – NILE

On the online learning platforms, there is a set of preparation materials available for each field of nursing and midwifery practice. These include:

- mock OSCE
- 'Top tips'
- marking criteria.

There are examples of the documentation, including observation charts, relating to the field of practice for which you are being examined included in the mock OSCEs, as well as reading lists, useful information and links.

You are advised to access the following required materials to begin your preparation:

- NMC (2018) 'The Code': [www.nmc.org.uk/code](http://www.nmc.org.uk/code)
- NMC blueprints: [www.nmc.org.uk/toc21](http://www.nmc.org.uk/toc21)
- The test specifications : [www.nmc.org.uk/toc21](http://www.nmc.org.uk/toc21)

**Please note:** We have become aware that some organisations and consultancies are offering OSCE preparation training sessions for candidates for Part 2 of the test of competence. Please be aware that by attending these courses offered by third parties, you do so at your own risk. These training sessions are not endorsed or approved by either the competence test centres or the NMC, and they could prepare you inaccurately for the examination.

## 7. Overview of the OSCE

Your ability to apply your knowledge is tested in Part 1 of the NMC test of competence. In Part 2, you will be tested on your clinical and communication skills. In other words, you will demonstrate how you apply holistic patient-centred nursing or midwifery care and how you apply key clinical skills.

Everything you see in the OSCE is as set out in the blueprints and the test specification on the [NMC](#)

[webpage](#)<sup>9</sup>. These set out the scope and content of the examination in terms of the topics, skills and procedures that a newly registered nurse or registered midwife would need to know and be able to do.

For example, if a scenario involves a vulnerable adult or child with a non-accidental injury, candidates would be expected to know that the person or child may need to be removed from those suspected of causing the injury. Candidates would be expected to know how to raise concerns, know that they should alert the relevant safeguarding team, and be able to share information appropriately within and across care teams. We do not expect candidates to have detailed information about procedures or policies that are specific to certain NHS trusts. We cannot test everything, but we will test **typical** nursing or midwifery scenarios and clinical skills that UK nurses and midwives will encounter.

## 8. Evidence base for nursing and midwifery practice

You can find evidence-based guidelines in nursing journals and texts and from professional organisations' webpages, such as the [Royal College of Nursing](#)<sup>10</sup> and [Royal College of Midwives](#)<sup>11</sup>. [The National Institute for Health and Care Excellence](#)<sup>12</sup> and [Scottish Intercollegiate Guidelines Network](#)<sup>13</sup> are also useful sources. A reading list is provided giving links to the evidence base for each skills station.

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<sup>9</sup> <https://www.nmc.org.uk/toc21>

<sup>10</sup> <https://www.rcn.org.uk/>

<sup>11</sup> <https://www.rcm.org.uk/>

<sup>12</sup> <https://www.nice.org.uk/>

<sup>13</sup> <https://www.sign.ac.uk/>



## 9. What will I be tested on?

The OSCE comprises 10 stations, with a total testing time of about 2.5 hours. Four stations will be scenario-based and will relate to four stages of the nursing and midwifery care process:

- **Assessment**
- **Planning**
- **Implementation**
- **Evaluation.**

Four of the six remaining stations will take the form of two sets of two linked stations, testing practical clinical skills. Each pairing of skills stations will last for up to 20 minutes in total, with 4 minutes in between the pairings.

Please remember that you will have done many of these nursing or midwifery skills several times before. Make sure that you read the station instructions and scenarios carefully. Do not be afraid to take the opportunity to look at them again if you are unsure. You will not be penalised for this.

Typical skills that may be tested either on their own or within a nursing/midwifery scenario include:

- administration of Inhaled Medication (AIM)
- aseptic non-touch technique (ANTT)
- catheter specimen of urine collection (CSU)
- fluid balance chart (FBC)
- in-hospital resuscitation (without defibrillation) (IHR)
- intramuscular injection (IM)
- mid-stream sample of urine (MSSU) and urinalysis
- peak expiration flow rate (PEFR)
- removal of urinary catheter (RUC)
- subcutaneous injection (SC)
- paediatric basic life support (BLS) – infant and child (children's nursing)
- auscultation of foetal heart (midwifery)
- newborn examination (midwifery)
- palpation (midwifery)
- calculating drug dosages
- hand hygiene
- medication administration
- physiological observations
- safe disposal of sharps
- wound care.

In each OSCE, one station will specifically assess professional issues associated with professional accountability and the related skills around communication. One station will also specifically assess critical appraisal of research and evidence and associated decision-making. These two stations are both written stations.

## 10. Communication skills

Communication is central to nursing and midwifery practice and will be assessed continually during the OSCE.

We assess the full range of communication skills (verbal, non-verbal and written) by observing the interaction between the candidate and a simulated patient (this may be an actor or a manikin) and also by assessing your nursing or midwifery documentation in each station.

The assessor will assess your approach to the patient throughout the examination, and will assess your communication skills such as:

- clearly explaining care, diagnosis, investigations and/or treatments
- involving the patient in decision-making
- communicating with relatives and healthcare professionals
- seeking and obtaining informed consent
- active listening
- dealing appropriately with an anxious person or anxious relatives
- providing clear instructions on discharge
- providing advice on lifestyle, health promotion or risk factors
- demonstrating compassion and care during communication
- clear documentation that meets the requirements of NMC (2018) 'The Code'
- professional behaviour
- professional attitude.

You should speak to the patient as you would any person you are meeting for the first time. If you are being assessed using a manikin, please remember to verbalise your actions, and reasons for actions, in the same way as you would with a real patient. If you ask the manikin a question, the assessor will answer accordingly.

### **A. Approaching the patient/manikin**

- Introduce yourself and explain or clarify the purpose of the nursing or midwifery encounter.
- Check what the patient wants you to call them.
- Be polite, respectful and non-judgemental, and maintain the patient's dignity.
- Be empathic, acknowledge the patient's emotions or concerns, and show sensitivity to any discomfort.
- Ensure that you gain consent from the patient (or carer/guardian for children or certain people with disabilities) prior to undertaking any procedures.
- Be sensitive to personal space, stand or sit at an appropriate distance from the actor/manikin, and be aware of their body language. You are too close if the actor moves back or recoils.
- Treat a manikin as you would a real patient.

### **B. Explaining and advising**

- Establish what the patient already knows and/or wants to know.
- Explain clearly what you are going to do and why, so that the patient can understand.
- Remember always to check whether the patient understands or has any questions.
- Offer appropriate reassurance.
- Do not alarm the patient but you must be able to explain the need for urgent action if it is required.
- Do not routinely oversimplify names for parts of the body. It is reasonable to expect that most people will know common body names such as 'bladder', 'ovary', 'womb' and 'vein'. If you doubt a

- patient's understanding, check and alter your communication to meet their individual needs.
- Treat the manikin as you would a real person.

### ***C. Involving the patient in management***

- Respect the patient's autonomy, and help them to make a decision based on the available evidence-based information.
- Explain information and its implications so that the patient can make an informed choice about their care.
- Check the patient's understanding and feelings about the proposed nursing or midwifery interventions. They may not always agree with your proposed plan of care.
- Treat the manikin as you would a real person.

### ***D. Nursing or midwifery assessment***

- You should be able to undertake an accurate nursing or midwifery assessment and develop a plan of care.
- Identify the patient's nursing or midwifery care needs accurately.
- Listen attentively to the patient's problems and concerns.
- Use clear language, and question at a comfortable pace.
- Clarify and check information, and summarise understanding.
- Be able to plan safe and effective person-centred care, based on your nursing or midwifery assessment and evidence-based best practice.

## SECTION 2: The OSCE day

### 11. General information about the competence test centre

Please allow plenty of time to travel to the competence test centre. Bear in mind that rush-hour traffic often causes delays. If you arrive late, you might not be able to take the OSCE.

A full refund will be given only if more than 3 weeks' notice is given of the need to cancel or re-schedule. The following refund rates apply:

- More than 3 weeks' notice of cancellation: full refund.
- Fewer than 3 weeks' notice of cancellation: no refund unless in exceptional circumstances, for which a medical certificate may be requested.
- No refund will be given for non-attendance or if no prior notice of cancellation is given (within the stated time above).

When you arrive, we will check the documents that you are required to bring. Once all your documents have been checked, your photograph will be taken and stored on our database. We store your photograph so that we can prove that you are the person we saw, in case of identity theft. You must wear the photographic ID produced at all times in the test centre. You will be asked to store your belongings in a small locker before moving to the waiting rooms, so please avoid bringing bulky clothing.

Unfortunately, we do not have room to allow friends or family, including children, to wait for you while you take the OSCE. Do not bring large suitcases to the assessment centre, as we have no storage space for anything other than small handbags/rucksacks.

Smoking is illegal in enclosed public spaces and workplaces in the UK. Therefore, smoking is not permitted at the competence test centre. Once you have entered the competence test centre, you will not be allowed to leave until the OSCE is finished.

Once your OSCE starts, you will then be under exam conditions until your OSCE is completed in full. Prior to undertaking the OSCE, the invigilator will provide a briefing on its format.

### 12. Fitness to undertake the OSCE

You need to be fit and well to undertake the OSCE. You will be asked to complete a confidentiality agreement and declaration.

It is acknowledged that a candidate with a declared disability may require reasonable adjustments to complete the examination. The request for reasonable adjustments must be made before the date of the examination, by contacting the competence test centre, either by email or phone.

A reasonable adjustment will allow for a candidate to undertake nursing or midwifery care that:

- remains effective and does not result in altered patient care
- is accepted within professional nursing and midwifery practices
- enables the candidate to demonstrate competence
- will not place the candidate or patient at risk of harm by injury or illness.

A reasonable adjustment will not allow for the required standard of competence to be reduced because of a disability.

**Please note:** Reasonable adjustments can be made to assess how you demonstrate that you have met a competence or standard. The standard or competence itself is not subject to a reasonable adjustment. If you have a health condition, we strongly advise you to disclose it, as the competence test centre can then give you information about the support that may be available to you and, if necessary, make any special arrangements. A disability or health condition cannot be considered if it is disclosed after the OSCE.

### 13. Fire alarm

If there is a fire alarm, follow the directions of the competence test centre staff to the fire exit. If the fire alarm sounds during the OSCE, you should remain with your assessor at all times. Staff will direct you to an assembly point and will conduct a roll call to make sure that all assessors, actors and candidates are gathered together. You must not speak to other candidates during an emergency evacuation. Once the area is deemed safe, you will be directed back to the competence test centre and given instructions about resuming the OSCE.

### 14. Identification

We will check your identity at the competence test centre, and we will only accept a valid passport for this purpose. If the name on your passport is different from that on the email/letter from the NMC authorising you to take the test, you must provide original evidence that you are the person named in that email/letter. This may be:

- your marriage certificate
- a declaration from the awarding body that granted your nursing or midwifery qualification, stating that both names relate to you.

If you do not bring the documents listed above, or if the passport is not valid or current, you will not be allowed to take the OSCE.

NMC staff will also be there on the day for your NMC ID check. This will take place either before or after your exam. You will need to bring all the original documents that you uploaded as part of your application. You will find a checklist on page 2 of your OSCE decision letter, which is downloadable from your NMC portal. For more information on the NMC ID check, please visit the NMC website, or, for specific queries about your ID check, please email [ID.checks@nmc-uk.org](mailto:ID.checks@nmc-uk.org).

If for any reason you do not have all your original documents on the day, the NMC will schedule another face-to-face appointment with you. These are offered either at the NMC's London offices or at one of the OSCE centres. You will still be able to sit your OSCE exam and receive your OSCE exam result, but you will not be able to progress to the last stage of the registration process until you have attended your follow-up ID check.

### 15. What can I expect in the OSCE?

In stations that involve demonstrating a practical skill, you will find a manikin, an actor or other piece of equipment. Where an actor plays the role of a patient. You must treat the simulated patient as you would a real patient. An assessor will be in each station observing you, except for written stations.

You must carry out effective hand hygiene before starting the stations. Soap, water and hand gel will be available at all stations.

You may be asked to take a nursing assessment or carry out a practical clinical skill. Each station will have a scenario overview, which will give relevant information about the patient, such as name, age and what is expected of you in the station.

Each station lasts between 8 and 20 minutes, and staff will be there to help you to make the transition from

station to station as needed.

A lead assessor will be overseeing the test day, with assessors based at each station, observing. Each station has a camera and sound system installed. The built-in cameras will record the examination and will be used to review the examination afterwards for quality-assurance purposes. This is not optional but is part of the process, so you will be asked, at the point of booking, to consent and that you understand that videoing will take place throughout the OSCE. The videos are used for examination and reviewing purposes only, by the university and the NMC.

**Please note:** Filmed assessments are treated as examination scripts. Once the scripts have been marked and moderated, the pass or fail decision is final, and candidates or any sponsoring authority cannot request access to the film. An appeal or complaint may involve the investigator reviewing the filmed assessments, but films will not be released to you or any sponsor.

## 16. How should I dress?

We require that you dress for the OSCE in a manner that is appropriate for a clinical environment. All nurses and midwives must be dressed professionally, must maintain a high standard of infection control, and must ensure their own health and safety and that of their patients. The guidelines below are based on the expected standards for pre-registration healthcare students at any UK university. They mirror the professional standards required of all healthcare professionals in the UK.

- **Clothing:** Please dress as you would in clinical practice. In the UK, this is normally a clinical dress, tunic or polo shirt with smart trousers or scrubs. You must not wear jeans or shorts. Nurses and midwives in the UK frequently wear dark plain trousers and plain polo shirts/tunics. Where possible, candidates should be dressed in a similar manner. Candidates who wish to wear alternatives, for example because of cultural or maternity requirements, should discuss this with the competence test centre before arriving for the OSCE.
- **Shoes:** Must be plain, flat, black and rubber-soled, enclosing the whole foot and not made of porous or absorbent material.
- **Fingernails:** Must be kept short, unvarnished with no extensions or decoration.
- **Hair:** Must be tied up off the face and secured with simple hair ties/bobbles above the collar of your tunic or polo shirt. Hair should be of a natural shade and style. Facial hair should be kept clean, trimmed and tidy.
- **Head scarf/turban:** If you wear a head veil/turban, please ensure that it is appropriate in colour (plain black or navy), and it must be tucked into the collar of your tunic or polo shirt.
- **Jewellery:** Plain 'ball' ear studs are allowed to be worn (maximum of one per ear). No tongue piercings should be worn. A single plain band wedding/commitment ring is allowed. You must be bare beneath the elbow: no bracelets or wristwatches are to be worn.
- **Make-up:** Must be kept to a minimum and must be discreet and natural.
- **Socks/tights:** Dark blue or black socks with trousers, and flesh-coloured or black tights.

## 17. What conduct is expected during the OSCE?

The OSCE is a formal examination and candidates are required to behave appropriately and in accordance with university regulations and policies.

Candidates are already professional nurses or midwives, and they are expected to behave in a professional manner at all times while at the competence test centre.

You will be provided with all the materials you need during the examination.

## 18. Competence test centre rules and regulations

All personal items must be placed in the small locker provided at the competence test centre. The competence test centre will take no responsibility for any lost, stolen, or misplaced items.

The following items are not allowed in the OSCE, nor can they be accessed during your time at the competence test centre:

- any educational, test preparation or study material
- mobile phones, hand-held computers, personal digital assistants (PDAs), pagers, watches or any other electronic devices
- weapons of any kind.

Mobile phones, pagers or other electronic devices must be turned off before they are stored in the locker.

During your time at the competence test centre, you will not be allowed to access personal items other than any medication or foods required at a specific time. You must have arranged this in advance with the competence test centre. If you require access to medical devices or aids during the OSCE, please inform the centre staff when booking your OSCE examination.

## 19. Confidentiality

As a registered nurse or midwife, you are bound by [NMC \(2018\) 'The Code'](https://www.nmc.org.uk/code/)<sup>14</sup>. Any cheating or misconduct during the OSCE or breaching the examination's confidentiality may bring your profession into disrepute and may raise doubts about your fitness to practise. Such incidents will be reported to the NMC by the assessors and will be investigated.

You must not seek help, or attempt to seek help, from any other party during the OSCE. This includes in person or by phone, text, messaging, email or any form of social media.

You must not disclose information about the OSCEs to, or discuss with, anyone, including instructors. This includes posting or discussing the scenarios or skills on the internet or on any form of social media, such as Twitter or Facebook.

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<sup>14</sup> <https://www.nmc.org.uk/code/>

## 20. Taking the OSCE

The results of the OSCE must be an accurate reflection of the authorised candidate's knowledge and professional skills as a nurse or midwife.

- You must not take or attempt to take the OSCE for anyone else.
- You must not allow, or attempt to allow, anyone else to take the OSCE for you.
- You must not engage in any behaviour deemed to be disruptive at any time while in the competence test centre or when taking the OSCE.

## 21. Grounds for dismissal or cancellation of OSCE results

All candidates must comply fully with the competence test centre staff's instructions and the rules and regulations, or they will risk having their OSCE results withheld, dismissed, or cancelled. Candidates who do not comply with this may be asked to leave the competence test centre, and their fees will not be refunded. Such incidents will be reported by the assessors and investigated. The OSCE result may be withheld during an investigation.

**Please note:** The competence test centre will always report such incidents to the NMC.

## 22. How is the OSCE assessed?

Each OSCE station has a unique criterion-based assessment sheet, which is matched to the scenario or skill being assessed. Assessors will score each criterion. The criteria are mapped against NMC (2018) [‘Standards for pre-registration nursing programmes’](#)<sup>15</sup> or NMC (2019) [‘Standards for pre-registration midwifery programmes’](#)<sup>16</sup> and NMC (2018) [‘The Code’](#)<sup>17</sup>.

The assessment, planning, implementation and evaluation stations are mapped against the above. The skills assessments are also mapped against the above but also against an appropriate evidence base for that station. The evidence base for each station is published in the Reading List (available on the competence test centre support site).

The following are examples of planning station criteria:

- Clearly and legibly handwrite answers.
- Identify two relevant nursing problems/needs.
- Set an appropriate evaluation date for both problems.

## 23. The passing standard

The pass scores for each OSCE station are set using an appropriate combination of professional judgement and statistical information. To pass the OSCE, the candidate must achieve a pass score for every station. For more information about the passing standards, please refer to section 6 (standards and results) of the test specification.

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<sup>15</sup> <https://www.nmc.org.uk/standards/standards-for-nurses/standards-for-pre-registration-nursing-programmes/>

<sup>16</sup> <https://www.nmc.org.uk/standards/standards-for-midwives/standards-for-pre-registration-midwifery-programmes/>

<sup>17</sup> <https://www.nmc.org.uk/code/>



## 24. Can I have my OSCE remarked?

All OSCEs are recorded, and all OSCEs deemed a fail will always be reviewed by the panel of assessors on the day of the OSCE. Failed OSCEs are automatically remarked and checked as part of the quality-assurance process.

The academic lead/centre manager and administration team will co-ordinate any appeals, complaints, reasonable adjustments and fitness-to-practise issues, and will refer such matters to the test panel for investigation and reporting to the NMC.

## 25. Unsafe practice and cessation of assessment

In the event that any candidate demonstrates unsafe practice, which may place the candidate, simulated patient or assessor at risk, then a red flag will be raised by the assessor. All red flag judgements will be reviewed by the panel assessors on the day of the OSCE. An agreed red flag always denotes an OSCE station fail.

## 26. How do I get the results of the OSCE?

The competence test centre will inform candidates of the result of the OSCE usually within 5 working days after the test is taken. In some instances, this may take up to 10 working days if new OSCE content is being introduced

The NMC test of competence Part 2 is made up of ten stations, split into:

- Four-scenario stations (assessment, planning, implementation and evaluation)
- two sets of two linked skills stations
- Two written stations, one assessing professional values and one assessing evidence based practice.

If you are unsuccessful in up to seven stations, your re-sit will be charged at 50% cost: £397.

If you are unsuccessful in eight or more stations, your re-sit will be charged at 100% cost: £794.

## 27. What will the feedback look like?

You can expect to receive feedback on those aspects of the OSCE in which you failed to meet the level of competence. This will be a brief account of how you failed to show competence. The competence test centre is not allowed to teach you how to pass the exam, so the feedback will be short and factual. For example, if a candidate failed aseptic non-touch technique (ANTT) for contaminating their sterile clinical waste bag when setting up the field, the feedback may read as follows:

*Aseptic non-touch technique (ANTT): The candidate failed to show competence in this station. When setting out the sterile field, they contaminated the orange bag and, as a result, contaminated the sterile field. This is a patient safety risk, resulting in a fail.*

## 28. What are the potential results?

Result	Description	Outcome	Cost
<b>Pass</b>	Passed all stations taken	Congratulations! You have passed.	N/A
<b>Fail 1–7 stations</b>	Failed up to seven stations across both the APIE and/or skill stations	Will require a re-sit at 50% cost. You will need to re-sit only the stations you failed. If you need to re-sit the APIE station(s), you will be given your original paperwork from the APIE stations you passed in your previous attempt, to complete the re-sit stations in sequence.	£397
<b>Fail 8–10 stations</b>	Failed eight or more stations across both the APIE and skill stations	Will require a re-sit at 100% cost. You will need to re-sit the APIE station(s) you failed and the skill station(s) you failed. You will be given the same scenario and your original paperwork from the APIE stations you passed in your previous attempt, to complete the re-sit stations in sequence.	£794
<b>Full fail</b>	Fail any station on the third attempt	Will require 6 months to elapse before you can reapply to the NMC.	N/A

## 29. What happens if I pass?

The NMC will contact you and begin the process of registering you as a nurse or midwife in the UK.

## 30. Can I have more than one attempt at the OSCE?

Candidates have three opportunities to attempt each part of the test of competence.

In exceptional cases, a further attempt at each part may be offered. This attempt will be agreed only by application to the NMC. The additional attempt will be granted in situations such as the following:

- The test centre did not follow agreed processes.
- The assessor behaved in a way that demonstrably did not comply with the agreed processes.
- There was an unanticipated interruption to the assessment, such as a fire alarm.
- Illness or severe anxiety in the candidate.

Candidates can choose to re-take the examination as soon as results are issued. The applicant can choose to take longer than 4 weeks between the second and final attempts.

The CBT (Part 1) and the OSCE (Part 2) can be taken in either order, although most candidates take the CBT first.

The OSCE will be passed or failed for each individual station. Re-sits will be required only for those stations the candidate failed. Re-sit candidates will take the same or a similar but different station(s) to the one(s) they failed. If the stations are not all passed in three sittings, then the whole OSCE must be re-taken.

## SECTION 3: Candidate guidance

The next section of this information booklet provides guidance for you when considering applying for mitigating circumstances, appeals or complaints. The competence test centre manager will always offer guidance and advice in such matters. If, after pursuing such issues, you remain unhappy with the outcome and decisions reached, you have the right to raise the matter with the NMC.

### 31. Can I appeal my result?

If you believe that a mistake has been made at any point during the process of your test of competence, or that an irregularity has occurred in the conduct of the OSCE, and you think that this has had a direct and demonstrably detrimental effect on your performance, you may be able to make an appeal. You cannot appeal the result; you can only appeal the process. See [Annexe 2](#) for guidance on the appeal process and form.

### 32. What is a complaint and how can I make one?

If you are dissatisfied with a service that the competence test centre is providing, or with the person who is providing it, you can raise the matter as a complaint. You should always try to resolve a problem as close as possible to its source. So, for example, if you have a problem with your assessor, you should speak to the lead assessor or invigilator at the time. If you are dissatisfied with the outcome, you can make a formal complaint to the NMC. See [Annexe 3](#) for the candidate guidance on the complaint process and form.

**Please note:** Candidates do not have the right to see their filmed assessment. It is treated as an exam script. Once the script has been marked and moderated, the pass or fail decision is final and candidates or any sponsoring authority cannot request access to the film. An appeal will involve the investigating panel reviewing the candidate's filmed assessments, but films will not be released to candidates or their sponsors.

### 33. Fitness to practise during the OSCE

Your fitness to practise during the OSCE may be questioned if a member of the competence test centre staff, an assessor, a simulated patient, or another candidate expresses concerns that you are failing to maintain standards and/or that your conduct is inappropriate to your profession. Examples may include a breach of confidentiality and professional misconduct (which may call into question your honesty and integrity). If this occurs, your OSCE may be stopped and an incident form will be completed and forwarded to the NMC. If you are allowed to continue, an incident form will still be submitted, and you will be informed of this at the time of your OSCE.

### 34. What happens if I am unable to attend the OSCE because of sudden illness or circumstances beyond my control?

Candidates must make every attempt to attend their booked OSCE appointment. Cancellations made at least 2 working days before the OSCE will not incur a financial penalty if there are mitigating circumstances (see Annexe 1). However, cancellations made fewer than 2 working days before the OSCE will not be refunded. Evidence of special circumstances must be provided. Neither cancellation will count as an OSCE attempt to the NMC.

### 35. When can you apply for mitigating circumstances to be considered?

If you are unable to attend the OSCE examination because you are ill or you have a personal issue that prevents you from attending, you should contact the relevant competence test centre by email or telephone. You must remember to include independent evidence, for example a hospital appointment letter or copy of a prescription. **Please note:** It is your responsibility to collect this evidence.

If you arrive to sit your OSCE and you do not feel well enough to proceed, or you become unwell during the exam, you must inform the invigilator and lead assessor straight away, and they will support and advise you further.

Before taking the OSCE, you will be asked to declare yourself fit to take the exam, and you will be unable to defer an assessment once you have commenced, or appeal on the grounds that you were unfit. Evidenced personal circumstances, such as sudden illness, may be permitted as reasons for re-booking the OSCE at short notice.

### **36. How will the OSCE be affected if I am pregnant or breastfeeding a young baby?**

The competence test centre will seek to support candidates who are pregnant or have very young children. The competence test centre will be flexible to enable the candidate to take the OSCE as planned, whenever possible, except when a significant risk is identified. The competence test centre must be informed in advance. Candidates can find guidance in [Annexe 4](#).

### **37. I have a disability. Can the competence test centre accommodate my needs?**

Our staff are committed to ensuring impartiality and equality of opportunity in the delivery of our services. Our premises are wheelchair accessible, and the competence test centre will also act on NMC guidance regarding this. Special adjustments are made for candidates with disabilities, or for those registered as dyslexic or with other additional needs. Candidates are asked to declare their needs for reasonable adjustments when booking their OSCE, for which they will be required to produce supporting evidence. The academic lead/manager will seek advice on the reasonable adjustments possible for the candidate. Simple changes such as lowering beds, accommodating the need to sit or stand, or the increased need for toilet breaks during pregnancy can easily be arranged when the competence test centre is notified in advance.

Candidates who need to access medical devices during the OSCE can be accommodated with advance notification prior to booking. The competence test centre will not allow the required level of competence to be reduced because of a disability. The standard or competence itself is not subject to a reasonable adjustment.

The request for reasonable adjustments must be made before the date of the OSCE examination, by contacting the test delivery centre. Candidates with additional needs must declare them via the reasonable adjustments form that will be emailed to candidates once the competence test centre has been notified by the candidate and a booking made. Reasonable adjustments are offered within the scope of the Equality Act 2010<sup>18</sup>.

A reasonable adjustment will allow for a candidate to evidence during their assessment nursing care that:

- remains effective and does not result in altered patient care
- is accepted within professional nursing practices
- enables the candidate to demonstrate competence
- will not place the candidate or patient at risk of harm by injury or illness.

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<sup>18</sup> The Equality Act 2010 does not apply in Northern Ireland, but there are very similar equality requirements spread across several pieces of legislation. For example, section 75 of the Northern Ireland Act 1998 also includes consideration of 'political opinion' as a protected characteristic, the Disability Discrimination Act 1995 still applies to employment in Northern Ireland, and the Special Educational Needs and Disability (Northern Ireland) Order 2005 applies in all education settings.

## SECTION 4: Annexes

**Please note:** Blank copies of the forms in the following annexes are available to download on the competence test centres' learning platforms. These annexes are for candidates' reference only.

# Annexe 1: Mitigating circumstances guide and form

## Mitigating circumstances guide

### What are mitigating circumstances?

Mitigating circumstances are events that have significantly disrupted your OSCE.

They must be:

- serious or acute
- beyond your ability to foresee and control.

### When can you apply for mitigating circumstances to be considered?

If you are unable to attend because you are ill, or if you have a personal issue that prevents you from engaging with the OSCE, you should complete and submit the [mitigating circumstances form](#) in this booklet. You must remember to include independent evidence with your application, such as a hospital appointment letter or a copy of a prescription. It is your responsibility to collect this evidence.

### What outcome can you expect if you apply for mitigating circumstances?

There are a number of issues that cannot be addressed by submitting a mitigating circumstances application:

1. Under no circumstances will the grades awarded in your OSCE be changed. All OSCEs are graded upon their own merits, and no allowance will be made for mitigating circumstances. A mitigating circumstances application will not be considered for a completed OSCE.
2. Only in very exceptional cases will applications for mitigating circumstances be accepted after the deadline set for the examination has passed. If you do apply late, you must explain why.
3. A known disability is not itself a reason to submit a mitigating circumstance application, although (for example) unforeseen illness resulting from a disability may be. Reasonable adjustments to OSCE examinations will normally be made to support candidates who have a disability. Requests for such adjustments should be discussed with the academic lead and competence test centre administration team in advance of the OSCE.
4. The NMC determines the number of opportunities a candidate has to take the OSCE examination. The maximum is three opportunities within a single application. If you have successfully applied for mitigating circumstances, your attempt will not count. If you sit the OSCE and are unsuccessful in applying for mitigation, the attempt will count.

### What happens if I am ill on the day of an OSCE?

If you are too ill to start the OSCE, then you need to let the competence test centre know as soon as possible. You then need to submit an application for mitigating circumstances.

If you become ill during an OSCE examination, you need to let the invigilator know straight away.

Candidates should make every effort to cancel their OSCE a minimum of 2 working days before the exam is booked. (If the exam is on a Monday, cancellation should occur on the Thursday before.) Refunds will not be given routinely if OSCEs are cancelled at short notice.

## Mitigating circumstances form

<b>Your details:</b>			
<b>Name:</b>		<b>Number:</b>	
<b>Tel:</b>		<b>Email:</b>	
<b>OSCE date:</b>			

<b>OSCE affected by mitigating circumstances:</b>		
<b>OSCE number</b>		<b>Original exam date:</b>

<b>Date FORM passed to AA:</b>	<b>Filter: 1 2 3</b>
<b>Chair's Action:</b>	<b>Date:</b>
<b>Decision:</b>	<b>Upheld Declined</b>
<b>Student status:</b>	
<b>Reason for decision:</b>	
<b>SAT: <input type="checkbox"/> Log in <input type="checkbox"/> Letter <input type="checkbox"/> Log outcome <input type="checkbox"/> H grade <input type="checkbox"/> Exams/Module leader</b>	

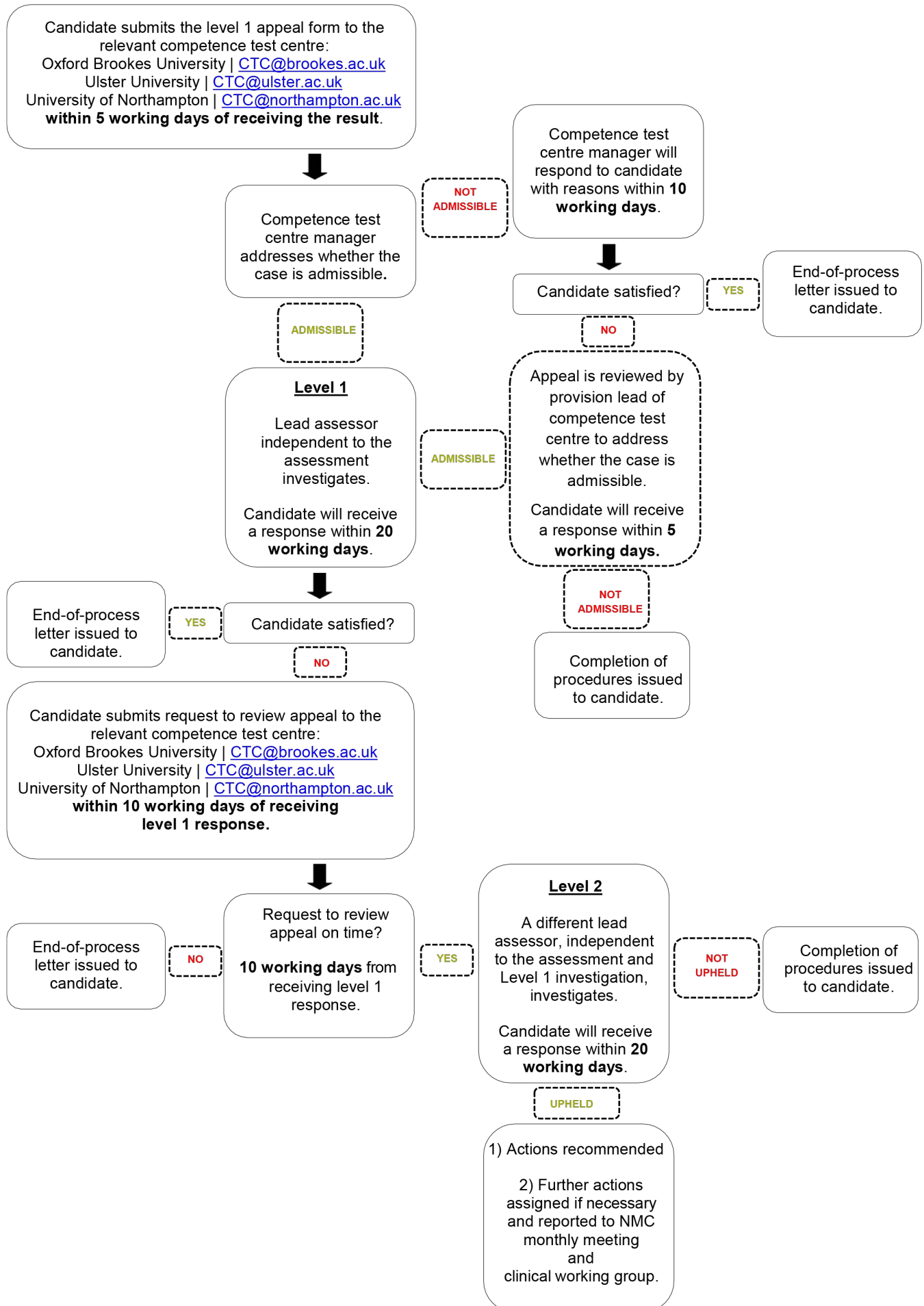
**Your mitigating circumstances:**

You must provide precise dates of any illness or other circumstances. State how your OSCE was affected and what steps you took to recover the situation.

<b>Declaration:</b>	
<b>I declare that the details included in this application, including any appended statements, are true and that I have read and understand the foregoing mitigating circumstances guide.</b>	
<b>Signed:</b>	<b>Date:</b>



## Annexe 2: Appeal process guide and form



### **What grounds can I use as the basis for an appeal?**

If you believe that your result is incorrect, that a mistake occurred during the process of your assessment, or that an irregularity occurred in applying the assessment regulations or in the conduct of the examination, and you think that that had a direct and demonstrably detrimental effect on your performance, you may be able to make an appeal.

### **In which situations might an appeal be worthwhile?**

The marks awarded to your work will have been through a rigorous process of moderation involving at least two internal markers and the oversight of marking standards by an external assessor, who approves all grades awarded. The university will not accept an appeal against the academic and/or professional judgements of assessors per se.

### **Where can I obtain advice?**

If you are uncertain about any of the information contained in this guide, you should consult the relevant competence test centre administration team.

### **How should I appeal?**

You will need to complete a level 1 appeal form, which is found on the Moodle/NILE/Blackboard Learn learning platform. Once completed, please submit it to the CTC administration team within 5 working days of receiving your OSCE result.

### **Where should I submit the form?**

Please email your appeal form to the relevant competence test centre:

- Oxford Brookes University | [ctc@brookes.ac.uk](mailto:ctc@brookes.ac.uk)
- Ulster University | [ctc@ulster.ac.uk](mailto:ctc@ulster.ac.uk)
- University of Northampton | [ctc@northampton.ac.uk](mailto:ctc@northampton.ac.uk)

### **How will my appeal be dealt with?**

The CTC administration team will forward your appeal for review. If you make a legitimate appeal on acceptable grounds, an assessor independent to your OSCE will examine your case. The investigator will come to a conclusion, and will write to you stating either that your appeal should be upheld or that it should not. This will include the rationale for the reviewer's decision. See [Annexe 1](#) for candidate guidance on the process.

### **How long will it take to reach a decision?**

If you make an appeal, the investigation will normally be completed within 20 working days. If you want an update on the progress of your appeal, you should contact the relevant CTC administration team:

- Oxford Brookes University | [ctc@brookes.ac.uk](mailto:ctc@brookes.ac.uk) | 01865 48 8414
- Ulster University | [ctc@ulster.ac.uk](mailto:ctc@ulster.ac.uk) | 02871 765 540 / 02871 675 698
- University of Northampton | [ctc@northampton.ac.uk](mailto:ctc@northampton.ac.uk) | 01604 892066

### **What outcome can I expect if I make an appeal?**

Your appeal will be partially upheld, upheld or not upheld. You will be notified of this decision by email.

### **What should I do if I am dissatisfied with the outcome?**

Once your appeal has been formally heard by the university and the level 1 outcome communicated to you, you can submit a request for your appeal to be reviewed at level 2. This request must be submitted within 10 working days of your level 1 appeal response.

A different assessor, independent to your OSCE and the level 1 investigation, will investigate. The investigation will normally be completed within 20 working days. You will receive notification of this decision by email. This concludes the university's appeal process.

The complaints procedure is outlined on the NMC website: <https://www.nmc.org.uk/contact-us/complaints-about-us>.

## Appeal form – Level 1

This form should be submitted to the CTC administration team within 5 days of receiving your OSCE result.

<b>Name</b>	
<b>Candidate number</b>	
<b>Correspondence address</b>	
<b>Email address</b>	
<b>Date of test of competence (OSCE)</b>	
<b>Grounds for appeal</b> (You should provide full details of the nature of the irregularity that you feel occurred.)	

I declare that the information given is true and that I am willing to answer further questions if necessary:

<b>Signed:</b>	<b>Date:</b>
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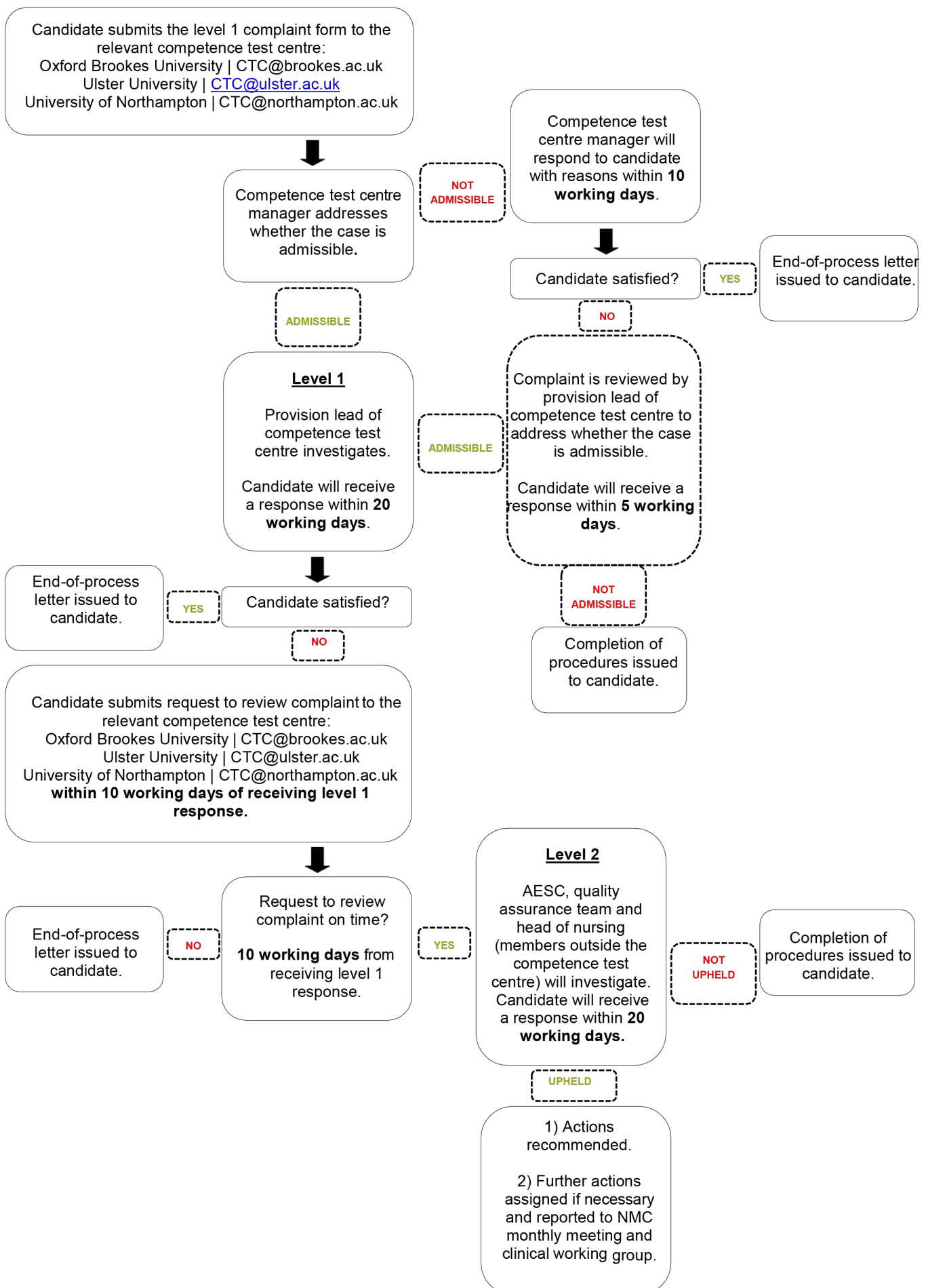
Please email your appeal form to the relevant competence test centre below:

- Oxford Brookes University | [ctc@brookes.ac.uk](mailto:ctc@brookes.ac.uk)
- Ulster University | [ctc@ulster.ac.uk](mailto:ctc@ulster.ac.uk)
- University of Northampton | [ctc@northampton.ac.uk](mailto:ctc@northampton.ac.uk).

**(For official use)**

<b>Date received:</b>	<b>Date logged:</b>
<b>Date File created:</b>	<b>Appeal acknowledged:</b>

## Annexe 3: Complaint process guide and form



## Candidate complaint guide

### What is a complaint?

If you are dissatisfied with a service that the university is providing, or with the person who is providing it, you can raise the matter as a complaint.

### How should I make a complaint?

You should always try to resolve a problem as close as possible to its source. So, for example, if a problem has arisen with your assessor, you should speak to the lead assessor or invigilator on the day of your OSCE.

### What outcome can I expect if I make a complaint?

The university expects its entire staff to be receptive to issues raised by candidates. Complaints will be addressed initially through an informal process, involving discussions with people in the department where the difficulty has arisen.

### What should I do if I am dissatisfied with the outcome?

In some cases, it may be felt that the candidate's complaint has not been resolved by the informal process. In such cases, you can progress the complaint to level 1 by completing the level 1 complaints form and submitting it by email to the relevant competence test centre. See [Annexe 2](#) for candidate guidance on the process.

### What happens if I make a formal complaint?

The university will appoint an investigator to carry out an investigation into the matter(s) that you have raised and will report back to you within 20 working days. You should note that you should not submit a formal level 1 complaint unless you have already attempted to resolve your issue(s) via the informal process.

### Will my assessors treat me differently if I make a complaint about them?

It is part of the university's policy that no one bringing a complaint, whether successfully or otherwise, will be treated less favourably by any member of staff than if the complaint had not been brought. If evidence to the contrary is reported, the member of staff may be subject to disciplinary proceedings.

### Where can I obtain advice?

If you are uncertain about any of the information in this booklet, you should consult the relevant CTC administration team on:

- Oxford Brookes University | [ctc@brookes.ac.uk](mailto:ctc@brookes.ac.uk) | 01865 488 414
- Ulster University | [ctc@ulster.ac.uk](mailto:ctc@ulster.ac.uk) | 02871 675 540 / 02871 675 698
- University of Northampton | [ctc@northampton.ac.uk](mailto:ctc@northampton.ac.uk) | 01604 892 066.

### What if I am dissatisfied about the level 1 complaint outcome?

You should submit a request to review the complaint via email to the relevant competence test centre within 10 working days of receiving your level 1 response. This then escalates to a level 2 complaint. Members of staff outside the competence test centre will now investigate. You will receive a response within 20 working days.

### How long will it take to make a decision?

If you can resolve your issues at the informal stage, it will not take very long at all. If you make a formal complaint, the investigation may take longer, but the university aims to provide you with a response within 20 working days of receiving your complaint at either level 1 or level 2.



**Please explain why you are dissatisfied with the response you have received.**

**Please indicate what outcome you are expecting from further action.**

**Please provide any documents you believe support your complaint.**

I declare that the information given is true and that I am willing to answer further questions if necessary:

**Signed:**

**Date:**

This form should be submitted to:

- Oxford Brookes University | [ctc@brookes.ac.uk](mailto:ctc@brookes.ac.uk)
- Ulster University | [ctc@ulster.ac.uk](mailto:ctc@ulster.ac.uk)
- University of Northampton | [ctc@northampton.ac.uk](mailto:ctc@northampton.ac.uk).



# Annexe 4: Pregnant candidate checklist, risk assessment and support plan and guidance

## New and expectant mothers

This checklist aims to guide discussions with candidates during their pregnancy and maternity. It should be completed and agreed with the candidate. It is not intended that the form be completed in full at a first meeting, as initially a candidate will be unable – and should not be expected – to respond to all the questions raised. All information obtained will be kept in confidence.

The form should be reviewed at key stages or if the candidate's circumstances change.

### Section 1 – Candidate to complete

#### Contact details

1	<b>Candidate details</b>	
	<b>Name</b>	
	<b>Address</b>	
	<b>Contact number</b>	
	<b>Email address</b>	
	<b>Candidate ID</b>	
2	<b>Emergency contact details</b>	
	<b>Relationship to candidate</b>	
	<b>Contact number</b>	
3	<b>Test details</b>	
	<b>Title</b>	NMC test of competence Part 2 OSCE examination
	<b>Faculty</b>	
	<b>Responsible to</b>	
	<b>Date of OSCE</b>	
N	<b>First point of contact details</b>	
	<b>Name</b>	NMC competence test centre administration team
	<b>Location</b> (tick as appropriate)	OXFORD SWINDON ULSTER NORTHAMPTON
	<b>Contact numbers</b>	Oxford Brookes University   <b>01865 488 414</b> Ulster University   <b>02871 675 540 / 02871 675 698</b> University of Northampton   <b>01604 892 066</b>

	<b>Email address</b>	Oxford Brookes University   <a href="mailto:ctc@brookes.ac.uk">ctc@brookes.ac.uk</a> Ulster University   <a href="mailto:ctc@ulster.ac.uk">ctc@ulster.ac.uk</a> University of Northampton   <a href="mailto:ctc@northampton.ac.uk">ctc@northampton.ac.uk</a>
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**Key dates**

5	<b>What is the candidate's due date?</b>	
6	<b>How many weeks pregnant will the candidate be on the OSCE date?</b>	

**Communication with the candidate**

7	<b>What is the candidate's preferred method of communication?</b>	
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**Further information**

8	<b>Any other information or comments?</b>	
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**Extenuating circumstances**

9	<b>Please sign and date to show that you have read and are aware of the mitigating circumstances policy in the event of your pregnancy or maternity affecting examinations and assessments.</b>	Please refer to the candidate handbook.	
	<b>Signature</b>		
	<b>Date</b>		

**Section 2 – Academic lead to complete**

**Informing other staff**

10	<b>Who will need to be informed of the candidate's pregnancy?</b>	
	<b>Title</b>	<b>Date</b>
	Academic lead	
	Invigilator	
	Administrator	
	Project manager	

**Health and safety risk assessment**

11	Has a health and safety risk assessment been conducted by the academic lead in consultation with the candidate, if relevant? <b>See section 3.</b>
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	<b>Date completed</b>	
	Where changes are required to alleviate or minimise risks, who is responsible for ensuring that they are implemented?	

<b>Rest facilities</b>			
12	<b>Has the candidate been informed of rest facilities on campus for use by pregnant candidates?</b>  See support plan.	YES	<b>Date completed</b>
		NO	

<b>Pregnancy-related absence</b>			
13	<b>Have you discussed any pregnancy-related illness that has affected the candidate's ability to undertake the OSCE?</b>  See support plan.	YES	<b>Date completed</b>
		NO	

<b>Further information</b>	
14	<b>Any other information or comments.</b>  Candidate to provide any additional information or comments that may be relevant.

**Section 3 – Risk assessment – Academic lead to complete**

Upon receiving notification of pregnancy, the responsible person in the competence test centre will carry out this risk assessment.

Please contact the centre of occupational health and/or wellbeing teams if specific advice is required.

**HAZARD IDENTIFICATION**

Action must be taken to avoid exposure to identified risks, by using substitutions with safer substances or by making adaptations to the competence test centre to allow the OSCE to be conducted safely and without risk to health.

<b>PHYSICAL HAZARDS</b>	Yes	No
Ionising radiation	Yes	No
Non-ionising radiation	Yes	No
Manual handling	Yes	No
Adverse movements and postures	Yes	No



<b>Signed (candidate)</b>		<b>Date</b>	
<b>Signed (academic lead)</b>		<b>Date</b>	

**Section 4 – Support plan**

<b>Proposed flexibilities to be investigated</b>	<b>Timetable for agreement or decline and by whom (Date of reviews)</b>	<b>Date flexibility agreed or declined</b>	<b>Comments</b>
Station height of bed can be adjusted, and manikins will be moved by the assessor to reduce physical stress on candidate.	On the day of the exam.		Assessors to check each station prior to commencement.
A chair is available for the candidate to rest after completing each station.	On the day of the exam.		All assessors to check each station prior to commencement.
Drinks and toilet breaks will be available.	On the day of the exam.		See risk assessment.
The candidate must declare that she is fit and well to undertake the OSCE.	On the day of the exam.		Assessors to ask the candidate whether they are fit and well before undertaking each station.

Signatures

**Agreed by academic lead**

<b>Signature</b>		<b>Date</b>	
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**Agreed by candidate**

<b>Signature</b>		<b>Date</b>	
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## New and expectant mothers' guidance

### Introduction

The competence test centre recognises that being or becoming pregnant, or having a very young child should not itself be a barrier to applying for, starting, succeeding in, or completing the test of competence. The competence test centre will be as flexible as is reasonable, in accordance with university regulations and the legal framework in which the university operates.

This guide provides information and advice about the university's approach to supporting a candidate who is pregnant.

### Definitions

- **Candidates:** referring to those who are pregnant or have very young children.
- **Very young children:** those under 26 weeks of age.
- **New parent:** those with children under 26 weeks of age.

### The university will:

- ensure that a candidate who is pregnant, or who has given birth within the past 26 weeks, is protected from unfavourable treatment
- accommodate their needs both before and during the OSCE as far as is reasonably practicable to allow the candidate to successfully complete the OSCE
- publish this guidance and review/update as necessary, so that all members of the competence test centre community are aware of the support available and their role in providing that support
- encourage candidates to disclose a pregnancy to the competence test centre in confidence at an early stage.

### When a candidate's pregnancy is disclosed, the academic lead and competence test centre administration team is expected to:

- read and follow this guidance
- treat any disclosure confidentially, and verify that a candidate has no objections to their pregnancy being discussed with other competence test centre staff
- agree a support plan and ensure that it is implemented
- complete a risk assessment.

### Candidates (and applicants) are advised to:

- read this guidance to understand the university's approach to supporting candidates who are pregnant or have very young children, as defined above
- disclose their pregnancy at the earliest opportunity, to enable the consideration of any necessary support arrangements or adjustments during the OSCE
- discuss any concerns relating to their pregnancy with their own GP and competence test centre team
- ensure that they have received a copy of the completed risk assessment, if appropriate.

### Guiding principles

**Avoiding less favourable treatment:** The university will not treat a candidate (or applicant) less favourably than other candidates.

**Taking a flexible approach:** The university will take a flexible approach, in line with university regulations, to facilitate the ability of the candidate to take the test of competence.

**Demonstrating a non-judgemental and sensitive approach:** All those involved should take an open-minded and non-judgemental approach. Information provided by the candidate should be treated sensitively and only passed on to others on a need-to-know basis.

Enabling informed choices: No one should attempt to influence candidates' decisions directly or unduly. The university's role is to provide context and advice, and to explore, in consultation with the candidate and others, any flexibility that can be applied to the test of competence. The emphasis is on candidates making informed choices, based on full knowledge of the implications of those choices. However, in exceptional circumstances, where it has been identified that there is a significant risk to the health and welfare of the candidate and/or the unborn child, the university may have to advise a course of action that is not negotiable.

### **Notification of pregnancy**

Candidates are strongly advised to inform the competence test centre of their pregnancy as soon as is practicable. This is particularly important where there may be a risk to the health and safety of the candidate and/or her unborn child.

Candidates are not obligated to inform the competence test centre if they become pregnant, decide to terminate a pregnancy, or miscarry. However, it is important to note that the university can adopt a flexible approach, provide support or make adjustments only if it is aware of the situation.

When deciding whether to notify the competence test centre, the candidate is encouraged to consider that there may be elements of the test of competence that could present a health and safety risk to her and/or her unborn child.

### **Process**

Step 1: The candidate is strongly advised to consult her GP to discuss medical issues relating to her pregnancy prior to approaching the competence test centre.

Step 2: Candidates should inform the competence test centre of the pregnancy and/or pregnancy issues when booking the OSCE. A checklist will then be sent to the candidate to be filled in. A risk assessment is undertaken (see step 3) to ensure that all issues are discussed at an early stage and a support plan initiated (see step 4).

Step 3: Risk assessment – The academic lead should ensure that appropriate steps are taken in relation to health and safety issues. This will involve a risk assessment for the individual candidate.

Step 4: Candidate support plan – Once discussed and agreed, a candidate support plan for the test of competence will detail any specific flexibility agreed. This should be given/sent to the candidate.

Step 5: Communicating the support plan – The academic lead will communicate the agreed candidate support plan to other relevant assessors. Information should be passed on sensitively and in confidence.

### **Determining flexibility**

The competence test centre does not have to agree to any or all requests. There may be situations in which it is not possible to agree to a particular request, such as where the consequences of agreeing to requests are likely to have a detrimental effect on the candidate. The candidate must be made fully aware of these consequences. However, the final decision of whether to sit the OSCE will rest with the candidate.

When considering declining a request, the university's equality and diversity adviser should be consulted before the decision is made. Candidates can seek bespoke advice from the university's equality and diversity adviser on what might constitute appropriate flexibility in a particular case.

If a request is declined, the reasons will be recorded, and the candidate will be informed as to why this particular request is not considered 'reasonable' in the circumstances. This will be recorded in the candidate

support plan.

If deferring the OSCE means that it would take longer to complete the test of competence than normally permitted by the NMC, the competence test centre should still strive to demonstrate a flexible approach, where practicable, in relation to this deadline for completion, while ensuring that the student does not exceed the overall time limit allowed by the NMC. If, because of pregnancy, the candidate is likely to exceed the time allowed to complete the test of competence, they should contact the NMC for advice.

If a candidate is unhappy with the competence test centre's decision, they can appeal or complain (whichever is most appropriate) to the competence test centre administration team, who will refer all complaints or appeals to the appropriate person.

### **Occupational health adviser**

If at any stage the academic lead would like some assistance in thinking through the practical implications of an individual pregnancy or would like advice on health and safety issues including risk assessments, they should contact the university's occupational health adviser. The academic lead may also wish to consult their line manager or other senior managers at the test of competence or the university.

The university will also consider flexibility for a candidate who has recently become a parent. As above, what constitutes a reasonable degree of flexibility to take account of a candidate's caring/parental responsibilities may vary for particular circumstances.

### **Small babies/children on campus**

Small babies, children, partners and relatives are not allowed in the laboratory/examining area of the competence test centre at any time.

Candidates may be accompanied by children in general public areas, such as the restaurants and the library, provided that they are supervised at all times and are not disruptive to others. It is particularly important that children are not brought into areas where there is the possibility of a risk to health and safety. The university cannot accept any liability for the child in these circumstances.

There are no restrictions on breastfeeding on campus. If additional support is required for breastfeeding while candidates are on campus, candidates should contact the competence test centre administration team prior to their OSCE date.