

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i> <i>7.45-9.00</i>	<i>Cereal with Whole Milk</i>	<i>Cereal with Whole Milk</i>	<i>Cereal with Whole Milk</i>	<i>Cereal with Whole Milk</i>	<i>Cereal with Whole Milk</i>
	<i>Oranges</i>	<i>Crumpets</i>	<i>Banana</i>	<i>Toast</i>	<i>Pear</i>
	<i>Water or Whole Milk to drink</i>	<i>Water or Whole Milk to drink</i>	<i>Water or Whole Milk to drink</i>	<i>Water or Whole Milk to drink</i>	<i>Water or Whole Milk to drink</i>
<i>Morning snack</i> <i>10.00</i>	<i>Fruit Loaf with Spread</i>	<i>Satsumas</i>	<i>Garlic Bread</i>	<i>Apple</i>	<i>Crackers with Cream Cheese</i>
	<i>Water to drink</i>	<i>Water to drink</i>	<i>Water to drink</i>	<i>Water to drink</i>	<i>Water to drink</i>
<i>Lunch</i> <i>12.00</i>	<i>Butternut squash, red pepper and sweet potato soup with homemade French bread</i>	<i>Thai Salmon Fishcakes or Vegetable & Haricot Bean cakes with Yoghurt and Mint Dip and</i>	<i>Roast Chicken or Quorn Fillet, Yorkshire Puddings, Roast Potatoes, Broccoli and Carrots</i>	<i>Butter Bean and Vegetable Moussaka Strawberry, Raspberry & Mango</i>	<i>Chicken or Vegetable Chow Mein with Noodles Milk Jelly</i>
	<i>Palma Pudding with Cream</i>	<i>Homemade Wedges</i>			

	<i>Water or Whole Milk</i>	<i>Rice Pudding Water or Whole Milk</i>	<i>Chocolate and Courgette Muffin Water or Whole Milk</i>	<i>Water or Whole Milk</i>	<i>Water or Whole Milk</i>
<i>Tea 3.00</i>	<i>Chicken, Leek and Mushroom or Leek and Mushroom Pasta Bake Pear and Plum Water or Whole Milk</i>	<i>Beans on Wholemeal Toast Melon and Apples Water or Whole Milk</i>	<i>Ham and Pineapple or Vegetable Pizza Cranberry biscuit Water or Whole Milk</i>	<i>Scotch Pancakes with Cheese and Apples Sultana, Current & Apricot Cake Water or Whole Milk</i>	<i>Garlic Pitta Bread with Sweet Chilli, Cream Cheese and Mango Chutney Dip Pineapple and Mango Water or Whole Milk</i>
<i>Afternoon snack 5.00</i>	<i>Banana Water to drink</i>	<i>Breadsticks Water to drink</i>	<i>Carrot and Cucumber Sticks Water to drink</i>	<i>Oatcakes Water to drink</i>	<i>Satsumas Water to drink</i>

WEANING STAGE PUREE

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Lunch</i>	<i>Mixed Vegetables</i> <i>Peaches</i>	<i>Peas and</i> <i>Sweetcorn</i> <i>Pear</i>	<i>Broccoli</i> <i>Mango</i>	<i>Sweet Potato</i> <i>Banana</i>	<i>Carrots</i> <i>Apple</i>
<i>Tea</i>	<i>Broccoli</i> <i>Banana</i>	<i>Sweet Potato</i> <i>Apple</i>	<i>Carrots</i> <i>Mixed Fruit</i>	<i>Peas and</i> <i>Sweetcorn</i> <i>Peaches</i>	<i>Mixed</i> <i>Vegetables</i> <i>Mango</i>